GRASSROOTS Advocacy Roadmap

WHAT ARE YOU ADVOCATING FOR.

Become **informed** about what you are advocating for. The importance of OT and how it benefits consumers. Go to **www.NJOTA.org/advocacy** for resources. Check out AOTA for information at a national level. Make sure you are educated & and well-informed on the issues you will be advocating for (WFOT, 2020).

CONTACT NJOTA!

Contact NJOTA at advocacy@njota.org. We will provide support and further direction on how to get more involved. NJOTA is your **KEY resource for advocacy and legislative efforts**. We will work on a coordinated effort with you to get in contact with your representative.

HAVE CONVERSATIONS.

Advocate to clients, coworkers, friends, family members, and supervisors. **Be prepared to have meaningful conversations**, stay focused on the facts, and be respectful. Share your advocacy efforts; **be proud**! (WFOT, 2020)

DON'T GIVE UP.

KEEP ADVOCATING! It's because of voices like yours that our legislative goals get met. There is power in numbers, but **just one voice can make a difference**.

SCAN TO EMAIL NJOTA'S ADVOCACY CHAIR



MORE WEBPAGE RESOURCES

COMING SOON



Please scan the QR Code in for more resources!

Copyright 2023 New Jersey Occupational Therapy Association. All rights reserved; no part of this publication may be reproduced. Permission is granted solely for educational purposes and must include the original

copyright notice.

Authored by: Angela Sista, NJOTA's Advocacy Chair, Kean Univesity OTDS Reviewed by: Felicia Chew, MS, OTR/L, FAOTA, FNAP, NJOTA President; Mariann Moran CHT, OTR, NJOTA State Liason; Emily Balog, PhD, OTR/L, ECHM, NJOTA Legislative Co-chair; Stephanie Franklin-Cosgrove, OTR, CHT, NJOTA Legislative Co-chair References World Federation of Occupational Therapy. (2020). Advocacy toolkit. WFOT. https://wfot.org/resources/advocacytoolkit