# GRASSROOTS Advocacy Roadmap

#### WHAT ARE YOU ADVOCATING FOR.

Become **informed** about what you are advocating for. The importance of OT and how it benefits consumers. Go to **www.NJOTA.org/advocacy** for resources. Check out AOTA for information at a national level. Make sure you are educated & and well-informed on the issues you will be advocating for (WFOT, 2020).

### **CONTACT NJOTA!**

Contact NJOTA at advocacy@njota.org. We will provide support and further direction on how to get more involved. NJOTA is your **KEY resource for advocacy and legislative efforts**. We will work on a coordinated effort with you to get in contact with your representative.

## HAVE CONVERSATIONS.

Advocate to clients, coworkers, friends, family members, and supervisors. **Be prepared to have meaningful conversations**, stay focused on the facts, and be respectful. Share your advocacy efforts; **be proud**! (WFOT, 2020)

## DON'T GIVE UP.

**KEEP ADVOCATING**! It's because of voices like yours that our legislative goals get met. There is power in numbers, but **just one voice can make a difference**.

SCAN TO EMAIL NJOTA'S ADVOCACY CHAIR



## **MORE WEBPAGE RESOURCES**

#### **COMING SOON**



Please scan the QR Code in for more resources!

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