

GRASSROOTS ADVOCACY ROADMAP

WHAT ARE YOU ADVOCATING FOR.

Become **informed** about what you are advocating for. The importance of OT and how it benefits consumers. Go to www.NJOTA.org/advocacy for resources. Check out AOTA for information at a national level. Make sure you are educated & well-informed on the issues you will be advocating for (WFOT, 2020).

CONTACT NJOTA!

Contact NJOTA at advocacy@njota.org. We will provide support and further direction on how to get more involved. NJOTA is your **KEY resource for advocacy and legislative efforts**. We will work on a coordinated effort with you to get in contact with your representative.

HAVE CONVERSATIONS.

Advocate to clients, coworkers, friends, family members, and supervisors. **Be prepared to have meaningful conversations**, stay focused on the facts, and be respectful. Share your advocacy efforts; **be proud!** (WFOT, 2020)

DON'T GIVE UP.

KEEP ADVOCATING! It's because of voices like yours that our legislative goals get met. There is power in numbers, but **just one voice can make a difference**.

SCAN TO EMAIL
NJOTA'S
ADVOCACY
CHAIR



MORE WEBPAGE RESOURCES COMING SOON



Please scan the QR Code in
for more resources!

References

World Federation of Occupational Therapy. (2020).
Advocacy toolkit. WFOT. <https://wfot.org/resources/advocacytoolkit>